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ASK THE ANABOLIC DOC | How to Manage Your Estrogen by Muscular Development Magazine 1 year ago 46 minutes 2,580 views MD Online Editor Ron Harris and Dr. Thomas O'Connor go over his latest labs, after Ron was alarmed to see how high his

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ago 2 hours, 1 minute 29,604 views Watch Dr.  
Prassan Vij, discuss the basics and updates  
of Polycystic Ovarian Diseases. Comment your  
questions below or ask him

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The Estrogen Fix with Mache Seibel by Karen Martel 8 months ago 58 minutes 227 views When Dr. Mache Seibel's wife had surgery that threw her into early menopause only months after a study incorrectly reported that

[Estrogen Matters - Amanda chats with Avrum Bluming MD and Carol Tavris PhD](#)

Estrogen Matters - Amanda chats with Avrum Bluming MD and Carol Tavris PhD by Amanda Thebe 3 months ago 49 minutes 369 views Estrogen , Matters: Why Taking Hormones in

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Menopause Can Improve Women's Well-Being and Lengthen Their Lives -- Without

[Migraine, Weather, and Dr. Mauskop's Latest Book The End Of Migraines - Facebook Live Q\u0026A with Cove](#)

Migraine, Weather, and Dr. Mauskop's Latest Book The End Of Migraines - Facebook Live Q\u0026A with Cove by Cove 1 month ago 34 minutes 14 views Dr. Alexander Mauskop, Founder and Director of the New York Headache Center and Cove Medical advisor, , answered , questions

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[New Menopause Book. The Estrogen Fix by Dr. Mache Seibel Now Available](#)

New Menopause Book. The Estrogen Fix by Dr. Mache Seibel Now Available by Mache Seibel, MD 3 years ago 1 minute, 1 second 146 views <http://www.EstrogenFixBook.com>. Buy this , book , before September 19 and get bunch of free gifts as a thank you. Discover how to

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|Exam Top Video by Simple Happy Learning 11  
months ago 1 hour, 4 minutes 197,510 views

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AUDIO | PTCB | (Pharmacy Technician Exam) It  
took me many hours and days to

[Female Hormone Imbalance | Signs of Too Much  
Estrogen \u0026 Estrogen Dominance](#)

Female Hormone Imbalance | Signs of Too Much  
Estrogen \u0026 Estrogen Dominance by Natural



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Health Resources 4 months ago 11 minutes, 25 seconds 17,334 views Learn 30 signs that you have too much , estrogen , in your body. These signs of , estrogen , dominance are a leading cause of

[Scoliosis \u0026 Osteoporosis - Interview with Dr Lani Simpson](#)

Scoliosis \u0026 Osteoporosis - Interview with Dr Lani Simpson by Yogaberry Streamed 1 month ago 55 minutes 719 views Live interview on 7th April with Dr Lani Simpson Dr. Simpson is a chiropractic doctor and a Certified

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Clinical (bone) Densitometrist

[Hormones After Breast Cancer? It's Not What You Think](#)

Hormones After Breast Cancer? It's Not What You Think by Flipping50 1 year ago 37 minutes 443 views Hormones After Breast Cancer? It's Not What You Think Hormones after breast cancer has always been a rigid no. For most.

[Teleseminar 51. February 2020. A full hour of answers to your diabetes questions.](#)

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Teleseminar 51. February 2020. A full hour of answers to your diabetes questions. by Dr. Richard K. Bernstein 1 year ago 1 hour, 3 minutes 4,405 views Dr. Bernstein , answers , your questions (from askdrbernstein.net). Dr. Bernstein's , book , is available at

[159 - The HRT Choosing Process | Menopause Taylor](#)

159 - The HRT Choosing Process | Menopause Taylor by Menopause Taylor 1 year ago 25 minutes 44,462 views When I do one-on-one consultations, I often , guide , women in how

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to choose their HRT, how to assess whether it's working for them

[The Top 5 High Estrogen Foods to Avoid | Dr. Josh Axe](#)

The Top 5 High Estrogen Foods to Avoid | Dr. Josh Axe by Dr. Josh Axe 6 years ago 6 minutes, 26 seconds 4,303,350 views In this video, I'm going to walk you through the five top foods to avoid that are highest in , estrogen , . High , estrogen , foods can be

[How to Lose Arm Fat | Dr. Berg](#)

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How to Lose Arm Fat | Dr. Berg by Dr. Eric Berg DC 5 years ago 11 minutes, 57 seconds 3,144,303 views Talk to a Dr. Berg Keto Consultant today and get the help you need on your journey. Call 1-540-299-1556 with your questions

### [8 Alarming Signs You Have Too Much Estrogen](#)

8 Alarming Signs You Have Too Much Estrogen by BRIGHT SIDE 2 years ago 10 minutes, 8 seconds 950,880 views Have you been experiencing strange symptoms like fatigue,

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mood swings, and trouble sleeping? If so, it's a good time to give it

## [Beat Menopause Belly Fat by Starving Your Fat Cells \(Not Yourself\)](#)

Beat Menopause Belly Fat by Starving Your Fat Cells (Not Yourself) by Dr. Becky Gillaspay 4 years ago 11 minutes, 16 seconds 2,183,257 views You can beat menopausal belly fat. Watch as Dr. Becky shares the foods to eat and avoid to starve your fat cells (not yourself).

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[I Stopped Taking HRT \(Hormone Replacement\)  
Here's What Happened!](#)

I Stopped Taking HRT (Hormone Replacement)  
Here's What Happened! by HotandFlashy 1 year  
ago 7 minutes, 39 seconds 219,202 views After  
being on HRT for 2 years I decided to go off  
of it. I've been weaning off for the past 5  
months ago and have been fully off of it

[Best Foods to Balance Hormones Naturally in  
Women and Men | Dr. Josh Axe](#)

Best Foods to Balance Hormones Naturally in

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Women and Men | Dr. Josh Axe by Dr. Josh Axe  
6 years ago 3 minutes, 58 seconds 1,142,369  
views In this video, I'm going to share the  
top foods that can naturally balance your  
hormones. If you're struggling with thyroid  
issues,

[Beans The Superfood: Long Life and Super  
immunity with Joel Fuhrman M.D.](#)

Beans The Superfood: Long Life and Super  
immunity with Joel Fuhrman M.D. by The Real  
Truth About Health 3 years ago 27 minutes  
510,835 views The New York Times bestselling



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author of Eat to Live and Super Immunity and one of the country's leading experts on preventive

[The Single MOST Important Supplement You Should Be Taking To Stay Healthy | Are You Taking This?](#)

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Natural Remedies for Hormone Imbalance](#)

How to Balance Your Hormones for Women | 6  
Natural Remedies for Hormone Imbalance by  
Natural Health Resources 2 years ago 13  
minutes, 10 seconds 366,098 views If you are  
a female suffering from hormone imbalances  
and seeking treatments and remedies to end  
your hormone irregularities

[Drinking Dairy \(Good, Bad and Delicious\) 2021](#)

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Drinking Dairy (Good, Bad and Delicious) 2021  
by KenDBerryMD 3 years ago 13 minutes, 43  
seconds 759,340 views Should you drink/eat  
dairy or avoid it?? We get so many questions  
about milk, is it good, or bad, or poison, or  
whatever. Lets talk

[Non-Toxic: Guide to Living Healthy in a  
Chemical World](#)

Non-Toxic: Guide to Living Healthy in a  
Chemical World by Collaborative on Health and  
the Environment 6 months ago 45 minutes 334

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views During this webinar, Dr. Aly Cohen and Dr. Fred vom Saal discussed their new consumer guidebook, *Non-Toxic: A Guide to Living*

[Book Review: ESTROGENERATION, How Estrogens Are Making You Fat, Sick, and Infertile](#)

Book Review: ESTROGENERATION, How Estrogens Are Making You Fat, Sick, and Infertile by KenDBerryMD 3 years ago 3 minutes, 51 seconds 7,497 views Written by Anthony G. Jay, Ph.D. Another book in my review series. This book reveals tons of info about estrogenic

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[Teleseminar 36. October 2018. A full hour of answers to your diabetes questions.](#)

Teleseminar 36. October 2018. A full hour of answers to your diabetes questions. by Dr. Richard K. Bernstein 2 years ago 1 hour, 6 minutes 4,466 views Dr. Bernstein , answers , your questions (from askdrbernstein.net). Dr. Bernstein's , book , is available at

[Live Q\&A and The Hormone Fix book release Feb. 26, 2019](#)

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Live Q&A and The Hormone Fix book  
release Feb. 26, 2019 by Dr. Anna Cabeca The  
Girlfriend Doctor 2 years ago 1 hour, 20  
minutes 3,659 views Dr. Anna Cabeca empowers  
the modern women to escape the suffering and  
stereotypes of menopause, returning her to  
an

[Dr. Barnard Debunks the Soy Estrogen Man  
Boobs Myth & Explains Responsible  
Medicine](#)

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Boobs Myth \u0026amp; Explains Responsible  
Medicine by Ripe 1 year ago 41 minutes 17,070  
views Dr. Neal Barnard's speaking schedule is  
jam packed, especially during the first Plant  
Based World Conference and Expo in NYC,

[Prostate Cancer Symptoms Treatment Prevention  
| A PLANT-POWERED Approach with Bruce Mylrea](#)

Prostate Cancer Symptoms Treatment Prevention  
| A PLANT-POWERED Approach with Bruce Mylrea  
by CHEF AJ Streamed 5 months ago 56 minutes  
3,280 views Bruce Mylrea has a BA in  
Economics from the University of Florida and

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spent most of his career in marketing in Silicon Valley.

[GOOD LIFE CHALLENGE | Heart Attack Prevention Plant Based w/ Doug Schmidt](#)

GOOD LIFE CHALLENGE | Heart Attack Prevention Plant Based w/ Doug Schmidt by CHEF AJ Streamed 6 months ago 57 minutes 5,442 views Doug Schmidt, a veteran , teacher , , suffered a widowmaker heart attack at age 49. Not wanting to spend the rest of his life on

[The Theory That Would Not Die | Sharon](#)



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[Bertsch McGrayne | Talks at Google](#)

The Theory That Would Not Die | Sharon  
Bertsch McGrayne | Talks at Google by Talks  
at Google 9 years ago 55 minutes 18,602 views  
\"The Theory That Would Not Die\" How Bayes'  
Rule Cracked the Enigma Code, Hunted Down  
Russian Submarines, and Emerged

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